



CITY OF CAPE TOWN
ISIXEKO SASEKAPA
STAD KAAPSTAD

BEAT THE HEAT!

KEEP YOUR PETS SAFE

High temperatures and heat waves can impact animals, and cause heat stroke or heat exhaustion.

Follow the guidance below to keep your pets safe:

- Keep your pets hydrated.
- Ensure access to shade or a cool spot, ideally indoors if possible.
- Fans are not as effective for animals as they are for humans. Instead, leave a wet towel or cooling mat in a cool, shaded area for your pet to lie on.
- Do not leave your pet in a parked vehicle. Even if it doesn't seem that hot outside, the inside of a vehicle can rapidly become extremely hot if parked in the sun.
- Avoid walks, runs or hiking with dogs during the hottest parts of the day or on a high heat day and during heat waves. To test if the road or sidewalk is too hot, place the back of your hand on the ground – if it is too hot for your hand, it's too hot for your dog's paws.
- Brush cats and dogs more often than usual.
- Ensure that you travel with water wherever you take your pet.

Visit the [Four Paws South Africa website](#) for more information on:

- pet care during heat events,
- how to spot signs of heat stroke and heat exhaustion, or
- which treatment process to follow.